



Integrating Sandtray-Worldplay into our Play Therapy Practice: Exploring the Gateways for Growth, Healing and Well-Being & Using Sandtray-Worldplay to work with the Trauma of the Day: Being with big and small unfinished experiences of life

Even though many play therapists have some experience with individual sandplay/sandtray sessions, most welcome a deeper process orientation and understanding of the possibilities in individual, dyadic, and group sandplay methods as introduced in this Sandtray-Worldplay workshop. Inspired by the possibilities of the therapeutic use of the sandtray with many different populations, they realize they need not only more “personal and direct play experience” and supervision from an accomplished sandtray play therapist but would actually profit from more in depth training in the method of Sandtray-Worldplay. This workshop provides the play therapist with both an experiential and didactic exposure to the psychospiritual method of sandplay created by Dr. De Domenico. Lecture, demonstration, direct play experience, physical movement, and expressive forms of experiencing are used to demonstrate the efficacy of Sandtray-Worldplay Play Therapy. Sandtray-Worldplay is rooted in non-interpretive, client-psyche centered, hermeneutic and phenomenological traditions. It accesses soma, psyche, soul and spirit and offers a holistic healing experience. During individual or group play session with clients of all ages, the therapist encourages the full range of human experiencing, including sensing, enacting, feeling, remembering, intuiting, imagining, thinking, theorizing, and story telling. Both right and left hemispheres are stimulated during the session, which results in a particularly vital sense of self and other. This supports the maturation of personal and interpersonal capacities, connection with the social and the natural world, and an appreciation of Life’s Realities.

Day One Topics to be explored may include the history of the method, basic principles of Dynamic Expressive Play Therapy, theoretical premises of Sandtray-Worldplay, basics of the session, basics of the practice and therapist-client interaction, contraindications, and implications for interventions and treatment. **Day Two Topics**, a day of direct experience of the play process, explores the multidimensional intelligences and experiential realities that are tapped during the Sandtray-Worldplay Session which guide us in our work with past and current trauma.

Participants are asked to bring a sandtray, a basket with 25 of their favorite miniature, man-made- and natural images (marked with their initials); a camera, tissues, a bottle of water and a journal. For DAY 2 participants: please bring a few additional images that speak of the 'big/difficult experiences' life brings to us.

Presenter: Gisela Schubach De Domenico holds a Ph.D Clinical Psychology from the Pacific Graduate School of Psychology, Palo Alto. She developed Sandtray-Worldplay, Nature-Worldplay and The Principles and Practice of Dynamic Expressive Play Therapy for children, adults, couples, families and groups after conducting phenomenological research with children’s use of sandtray/sandplay in early 1980’s. She studied with Dora Kalff, John Hood-Williams, and Julius Heuscher MD. She is a nationally known presenter and a transformational healer. She offers her experiential Vision Quest Into Symbolic Reality Workshop Series, which include 6 Levels of Principles and Practice of ST-WP and Nature-Worldplay Therapy, Advanced Play Therapy Workshops, Consultation, Supervision, and Self-Care Transformational Play Therapy Workshops. She has a private MFT practice in Oakland, California, is a Registered Play Therapy Supervisor, Founding Member of the Sandtray Network and served as Editor of the Sandtray Network Journal. She has published her Sandtray-Worldplay Manual and an experiential Home Study Sandtray-Worldplay Text along with many articles in Journals and Play Therapy Texts. She has mentored clinicians in the use of Sandtray-Worldplay in diverse cultural, clinical, institutional, educational, business and transformational settings. Her practice evidence based workshops tend to be life changing events that offer the experience of learning within a communal context. She may be contacted at 510-530-1383, sandtrayworldplay@gmail.com or www.vision_quest.us/vqsr



Workshop Learning Objectives

Day One participants are expected to learn:

- Have some understanding of the history of the use of sandtray/sandplay in therapeutic and educational settings
- Be aware of clinical applications of Sandtray-Worldplay Play Therapy.
- Know basic requirements for creating a Sandtray-Worldplay and Nature-Worldplay play therapy room/space.
- Recognize indicators and contra indicators to Sandtray-Worldplay
- Know of the basic role of the Sandtray-Worldplay Therapist as Witness, Facilitator, and Recorder of the Play Session.
- Have a Sense the Healing Nature of Play with sand, water, and images
- Understand the training requirements for becoming a Sandtray-Worldplay therapist

Day Two participants are expected to learn:

- Know of the depths and the healing nature of human consciousness
- Understand salient aspects of the multidimensional healing process activated during Sandtray-Worldplay session
- Be familiar with the 7 bodies of human consciousness
- Be familiar with the 7 realm of realities made manifest in the sandworld
- Appreciate in principle how to support trauma work using the Sandtray-Worldplay
- Develop increased familiarity with their own psychospiritual capacities for experiencing “all”

Please be on time as CE's must be adjusted according to CSWMFT board for being late or leaving early.

Agenda for Friday, April 20, 2012

8:00 - 9:00 REGISTRATION - Continental Breakfast / Vendors
 9:00 - 9:30 Introduction to Sandtray-Worldplay in Play Therapy
 9:30 - 10:30 Rationale/case material for using the Method in psychotherapy, play therapy and education with different populations and in different circumstances
 10:30 - 10:45 Morning Break
 10:45 - 11:15 The play space; tools and guidelines
 11:15 - 12:15 Intro to ST-WP Skills: Playing, Projecting, Experiencing, Mirroring and Interpreting
 12:15 - 1:15 Lunch - Provided
 1:15 - 1:30 OHIO APT Annual Meeting & Prize drawings
 1:30 - 3:00 Demonstration and discussion of the Sandtray-Worldplay Session, Preliminary explorations of play using sandtray, sand, images, water
 3:00 - 3:15 Afternoon Break
 3:15 - 3:45 Therapist Client Interaction
 3:45 - 4:30 Finding Wisdom and Transforming Ways of Living
 4:30 - 4:45 Integrating workshop experience with clinical play therapy practice

Agenda for Saturday, April 21, 2012

8:00 - 8:30 REGISTRATION - Vendors
 8:30 - 10:15 Didactic, Experiential and reflective work: ‘Moving Worlds’, human consciousness, experiencing 7 bodies of consciousness, experiencing 7 realms of reality, implications for transforming and healing trauma states
 10:15 - 10:30 Morning Break
 10:30 - 11:45 Didactic, Experiential and reflective work: Experiencing the 7 multidimensional, discrete ‘realms of reality’ tapped and made visible in the Sandworld; interfacing ‘bodies of consciousness’ and the multidimensional realities; how Sandtray-Worldplay and ‘pathos’ provide a grounded context for the ‘big’ experiences in our life.
 11:45 - 12:45 Lunch - Provided
 1:15 - 2:30 Partnered Sandtray-Worldplay Session 1
 2:30 - 2:45 Reflection, Problem solving, Self-care
 2:45 - 3:00 Afternoon Break
 3:00 - 4:15 Partnered Sandtray-Worldplay Session 2
 4:15 - 4:30 Reflection, Problem solving, Self-care
 4:30 Recommendations for further skill development

REGISTRATION (Please Print)

NAME _____
 AGENCY _____
 ADDRESS _____
 CITY _____
 STATE _____ ZIP _____
 PHONE _____
 EMAIL _____

Fee includes up to 12.0 CEU's, Friday & Saturday continental breakfast, lunch, and snacks. If you need special dietary accommodations you must contact Jean Shoemaker 2 weeks before the conference.

Postmarked prior to 3-30-12:

	Day 1	Both Days
APT Members	\$130 _____	\$230 _____
Non-members	\$185 _____	\$315 _____
Students	\$95 _____	\$135 _____

Postmarked after 3-30-12

	Day 1	Both Days
APT Members	\$170 _____	\$260 _____
Non-members	\$210 _____	\$340 _____
Students	\$120 _____	\$170 _____

Pre-registration **MUST** be received by 3/30/12
\$10 off for groups of 4 who all send in their registration together!

Save: become a member of APT/OHIO APT now!

___ \$95.00 Professional Member (individual US mental health professional)
 ___ \$50.00 Affiliate Member (full-time student, parent, or other non-mental health professional)



Total Due \$ _____

Make Checks payable to OHIO APT and Mail to:

Tami Langen, Ohio APT
 5910 Grazing Court
 Mason, OH 45040

- OHIO APT reserves the right to cancel the conference for any unforeseen circumstances. In all cases, OHIO APT is limited to refund of the fees paid for registration.

- Refunds will be given to registrants up to one week prior to conference. Processing fee of \$20.00 will be charged for refunds.

- **ADA Accommodations** are available on request.

-Students who wish to volunteer in exchange for tuition please contact Jean Shoemaker - numbers are limited.

Questions? Call Jean Shoemaker @ 937-441-3448
Email: riogizzy2@yahoo.com

Who Should Attend This workshop is designed for school counselors, mental health counselors, social workers, graduate students, & other professionals who work with children & families. The workshop is designed to be of interest for all levels of experience play therapists & all theoretical orientations.

CE Credits Attend both days to receive up to 12.0 hours of continuing education credit from the following professional organizations: OHAPT is approved by the Association for Play Therapy (provider #01-114) and the Ohio Board of Counselors, Social Workers, & Marriage and Family Therapists.(provider # MCST040904) pending approval.

Exhibits

Play therapy books, toys, and therapeutic tools will be available for purchase before and during conference hours from various vendors.



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Location:

Columbus State Community College
 The Center for Workforce Development
 315 Cleveland Avenue
 Columbus, OH 43215
 4th Floor Ballroom

Download a parking map of campus at www.csc.edu/Tour/maps.htm

A free parking pass to park in any student lot will be e-mailed to you upon registration.



12th Annual OHIO APT Conference



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&

Using Sandtray-Worldplay to Work with the Trauma of the Day: Being with Big and Small Unfinished Experiences of Life

Featuring:

Gisela Schubach De Domenico PhD, MFT, Registered Play Therapist & Supervisor

Fri/Sat, April 20 & 21, 2012

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 Center for Workforce Development
 315 Cleveland Avenue
 Columbus, Ohio 43215